

**"HEALING
TAKES
COURAGE,
AND WE ALL
HAVE
COURAGE,
EVEN IF WE
HAVE TO DIG
A LITTLE TO
FIND IT."**

- Tori Amos

FOR MORE INFORMATION



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Marmon Valley Farm
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Zanesfield OH 43360



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This camp is 100% free to participants, made possible by Universal Home Health and Hospice, The Green Hills Foundation, and The United Way of Logan County



TEEN GRIEF RETREAT

October 11-13





ABOUT CAMP

Losing someone close to you is very difficult, and sometimes you feel like no one else in the world can relate.

This weekend retreat connects you to other people your age that have experienced similar loss.

Our goal is to have fun, unwind, heal, and also remember. We take part in activities like horseback riding, challenge courses, camp fires, small groups, and creative projects.

WHAT IF I DON'T WANT TO SHARE?

We provide a safe space for healing at camp. You will be surrounded by trained counselors and caring adults. We will NOT force you to share if you are uncomfortable. Our goal is to connect you with resources that will help you heal in a way that is right for you.



ADDITIONAL INFORMATION

Ages 14-19

Camp is 100% FREE for all participants

Registration will open in August, 2024

For more information, visit: uhcinc.org/camp